

Devon Coast to Coast final update

Please read the following information carefully as it contains essential information about your event.

If you have booked on behalf of other people, please forward this information. The Participant handbooks should contain all the essential information but please see below for additional information.

4 day handbook and separate marathon stages: <https://www.climbsouthwest.com/wp-content/uploads/2018/03/C2C-4-day-handbook.pdf>

Non stop handbook: <https://www.climbsouthwest.com/wp-content/uploads/2018/03/Devon-Coast-to-Coast-Non-stop-Handbook.pdf>

Early Registration (please bring all mandatory items on the kit list with you):

Registration will be open from 7-9pm at the River Dart Country Park bar on the 29th March for the 4-day.

Registration will be open from 7-9pm at the River Dart Country Park bar on the 30th March for the non stop.

Registration will be open at Wembury Beach at 7am on the 30th (4-day) and 31st (non stop)

Registration for all other marathon stages will be as detailed in the handbook.

Food:

Breakfast at River Dart Country Park. Breakfast will be available from 5:45am each day. There are buffet style cooked and continental options available. **This will need to be booked in advance for the Friday and Saturday. If you would like to book a breakfast for either of these days, please email info@climbsouthwest with your choice (use "C2C Breakfast" as the subject).** Sunday and Monday can be booked after you have arrived at RDCP. Any children under 12 staying on site can eat for free with any paying adult. See attached menu.

Evening meals at River Dart Country Park.

Evening meals can be purchased from River Dart Country Park bar. No need to book in advance. See attached menu. Please note that the bar will not be open on Thursday 29th. There are however many others 5 minutes drive away in Ashburton.

Food during the event.

Please come prepared with the sorts of food and energy supplies that you are used to when running/walking. At our 10 mile interval checkpoints you can expect to find water, energy drinks, sweet and savoury snacks. Marathon interval checkpoints (finish line for each stage on multi day) will have hot food (veggie/vegan soup or similar), savoury snacks, cakes and hot drinks. There will also be veggie chilli and wedges at the half way checkpoint in Hittisleigh.

The finish line at Lynmouth will be next to the Pavilion Dining Room, EX35 6EQ. Your race number will get you a complimentary drink and snack but their full menu is pretty good and reasonably priced. Please note that they have extended their opening hours for us but will close at 8pm on both Sunday and Monday. After this time, soup and hot drinks will be provided by our team at the finish line.

Non stop finishers will receive their bespoke Devon Coast to Coast buckle here.

Multi day finishers will receive their bespoke Devon Coast to Coast medal here.

Transport and Camping:

We have a number of options available, all can be booked through our website. Bookings for this have been extended until Wednesday 28th.

All journeys must be booked in advance through our website.

<https://www.climbsouthwest.com/events/devon-coast-coast/>

Camping:

You can arrive anytime after 4pm to pitch your tent. We have booked the "Walled Garden" camping field for this event.

Please note: due to recent weather conditions, vehicles cannot be taken into the walled garden camping area and will need to be left in the car park. This is just a short walk from the field and our team will be there to direct you.

All tents will need to be removed on Monday morning unless you plan on staying an extra night. If you'd like to do this, please contact RDCP directly.

Drop Bags:

4-day - We can take a small bag to the end of each stage for you.

Non stop - We can take a small bag to the half-way checkpoint at Hittisleigh. This will then be taken to Lynmouth for you.

How small is small? Big enough for a change of clothes, spare jacket, shoes and a few snacks but not much more please.

Live tracking for non stop Coast to Coast: Due to participants on the non stop event potentially going through two nights, we have added live tracking. This will also enable friends and family to track you and provide extra support if needed. Race numbers are attached and will be visible on the tracker once the event has started. <http://racedrone.net/event/devon-coast-to-coast-ultra/1>

Race numbers for the 4 day event will be allocated at registration.

FAQs:

Do we have to carry all the items on the kit list or can we leave some with our support crews? The mandatory kit list is there for your safety. All items must be carried at all times.

I've booked camping at River Dart Country Park, what does this include? This is for a camping pitch for 1 person. You will need your own tent and camping equipment. More than 1 person can share a pitch but camping is priced per person.

I'm on the non stop event, can I leave my tent up until after I have finished? It is preferable that your tent is removed before you go. All tents will need to be packed up on Monday morning.

I'd like to stay on for an extra night on Monday after the event, is this possible? Yes but you will need to book this through reception at RDCP.

I've booked transport back to the River Dart Country Park, how often will this run? Transport on the 4-day event will return at roughly 2 hourly intervals. Transport back from the end at Lynmouth will be at 4 hourly intervals. Exact timings will depend on the numbers of people finishing.

What happens if I don't make the cut off at West Anstey at 36 hours? You will have the option to finish your challenge here or continue on Monday morning with the 4-day challenge. You will not be able to continue beyond West Anstey after 8pm on Sunday.

