

East Devon 8 Trigs Ultra / 6 Trigs Marathon / 3 Trigs Half



8th November 2025

Thanks for joining us for the 5th edition of the East Devon 8 Trigs. After taking a year off in 2024, we are offering 3 distances this year. The 8 Trigs Ultra, 6 Trigs Marathon, and 3 Trigs Half. Please familiarise yourself with the information below, so that you know what to expect on the day.

SO, WHAT'S INVOLVED?

Trigpoints are the common name for “triangulation pillars”. These are concrete pillars, about 4’ tall, which were used by the Ordnance Survey in order to determine the exact shape of the country. They are generally located on the highest bit of ground in the area, so that there is a direct line of sight from one to the next. By sitting a theodolite (an accurate protractor built into a telescope) on the top of the pillar, accurate angles between pairs of nearby trigpoints could be measured. This process is called “triangulation”.

<http://trigpointing.uk/info/trigpoints.php>

OUR EVENT

Eight of these trig points sit on a beautifully varied trail loop in East Devon. For our 2025 event, we have 3 options:

3 Trigs Half Marathon (22km)*

6 Trigs Marathon (40km)*

8 Trigs Ultramarathon (53km)*

*All distances are approximate and assume that you have taken the shortest line

THE ROUTE

All trig points can be found without the need for complicated navigation techniques. However, a basic understanding of navigation will be required as this isn't way marked. Finding the shortest/quickest line is all part of the fun!

The 3 trigs half marathon route avoids the biggest hills and stays on the western side of the Otter Valley. The 6 trigs marathon crosses onto the eastern side of the Otter Valley and adds a couple of bigger hills. The 8 trigs ultra crosses the Sid Valley to find the extra 2 trigs before returning along the South West Coast Path.

All routes start in Budleigh Salterton and follow the South West Coast Path to West Down Beacon. Far reaching views from here extend to Berry Head, Portland and Dartmoor. From here, all routes head inland and cross Woodbury Common. The Half Marathon will return to the start after locating Woodbury trigpoint. The Marathon and Ultra continue over the river Otter before climbing steeply up to Beacon Hill. The Marathon returns to Budleigh from here via High Peak, but the Ultra continues to Buckton Hill and Weston Cliff before heading back via High Peak.

A suggested route for all 3 distances is available on Outdoor Active and a GPX file can be downloaded (Links on our website). If you prefer a traditional map, Explorer 115 (Exmouth and Sidmouth) covers the whole route. **If you plan to take any variations, please observe the following:**

- Please stick to public rights of way between trigs and checkpoints
- Avoid roads as much as possible
- Do not climb over any gates or fences or attempt to cross private land. There is a stile on the coast path that provides access to Weston trig (8 Trigs). Return by the same route.
- Buckton Trig is currently inaccessible, with new "Private Property" signs. DO NOT attempt to reach the trig, use the wooden sign post at SY148909
- Please use the South West Coast Path when returning to Budleigh from West Down Beacon.

THE TRIG POINTS

West Down Beacon – SY045811

Black Hill – SY026854

Woodbury – SY039881

Aylesbeare – SY 055900 (6 Trigs and 8 Trigs)

Beacon Hill – SY111909 (6 Trigs and 8 Trigs)

Buckton Hill – SY148908 THIS IS CURRENTLY INACCESSIBLE, please use wooden signpost on
bridleway as alternative SY148909 (8 Trigs only)

Weston Cliff – SY170882 (8 Trigs only)

High Peak – SY103859 (6 Trigs and 8 Trigs)

You will need to stamp a card at each trig to prove you have visited each one!

REGISTRATION AND START:

Registration will be at Budleigh Salterton Cricket Club, The Holt, East Budleigh Road, Budleigh
Salterton EX9 7BA. Hot showers and a cafe/bar waiting for you at the finish!

We'll have staggered registration/start times for this event. You'll collect your race numbers
here. Each group should present themselves at registration during the time slot below and we'll
give you a start time. Starts are usually about 5 minutes apart.

7:45-8:15am 8 Trig Ultra walkers and slower runners only (expected time of 9 -12hrs)

8:15-9am 8 Trig Ultra runners (expected time under 9hrs)

9-9:30am 6 Trig Marathon (all participants)

9:30-10.20am 3 Trig Half (all participants)

Your finishing position will be based on your time out on the course. Finish times and positions will be posted on our website. All finishers will receive one of our solid oak East Devon 8 Trigs coasters, made right here in the South West.

MANDATORY KIT LIST

Base layer

Trail shoes / walking boots

Waterproof / windproof jacket

Mobile phone with event number saved (07966654867)

Rucksack, waist pack, race vest or similar

Hydration system (bladder or bottles, min capacity 1ltr)

Survival bag / space blanket (each team)

Basic first aid kit, with min 1 x wound dressing and selection of blister plasters (each team)

Headwear (eg, cap or buff)

Whistle

Nutrition (energy foods, gels, bars etc.)

GPS Tracker, supplied by Climb South West (each team)

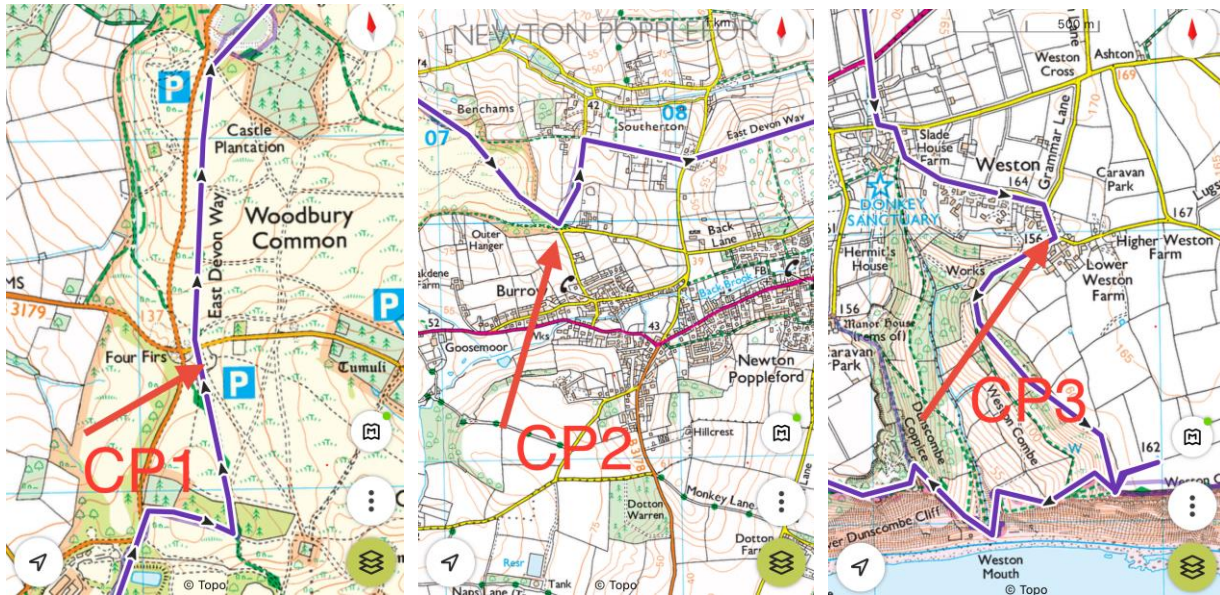
CHECKPOINTS

There will be three mandatory checkpoints on the 8 trigs, two on the 6 trigs and one checkpoint on the 3 trigs route. The Outdoor Active routes pass through these locations. You must visit each one as detailed below and ensure that our team have taken a note of your number. There will be water, coke, fruit, cake and other snacks at both.

CP1 – Four Firs Car park, all distances: SY031863 [///restless.chainsaw.utter](#)

CP2 – Road junction near Newton Poppleford, 8 Trigs and 6 Trigs: SY075899
[///fended.pocket.flattens](#)

CP3 – Weston car park, 8 Trigs only: SY166889 [///planet.performed.backpack](#)



ENDING YOUR PARTICIPATION

If you need to leave the event before reaching the finish, please notify one of our marshals or text the race director on 07966654867 with your name and race number. There is a regular bus service from Sidmouth and Newton Poppleford back to Budleigh Salterton.

CUT OFF TIMES

Cut off times are there for your safety. If you get timed out at either location, we will assist you getting back to Budleigh Salterton. You will not be permitted to continue after these times, but we'll take you back to Budleigh Salterton.

CP1 - 1pm

CP2 (6 and 8 Trigs) - 1:30pm

CP3 (8 Trigs) - 3:30pm

WHAT'S NEXT

We hope that you have a fantastic day with us, please share any pictures from your day on social media and tag us in.

We'd love to see you for another race or challenge in 2026. Single and multi-day options from 9-120 miles, full details on our website.

